

# New Mexico Health Equity Partnership 2018 Statewide Gathering Building Solidarity for Vibrant Communities and Families on Friday, October 19<sup>th</sup>! Northern New Mexico College 921 N Paseo De Onate, Española, NM 87532

Registration and Breakfast: 8:30 am at Northern New Mexico College, Center Fine Arts, 921 N Paseo De Onate, Onate, Española, NM 87532

**Gathering: 9:00 am – 5:00 pm** at Northern New Mexico College, Center Fine Arts, 921 N Paseo De Onate, Onate, Española, NM 87532

Reception: 5:30 pm – 7:30 pm at the Northern Rio Grande Heritage Center

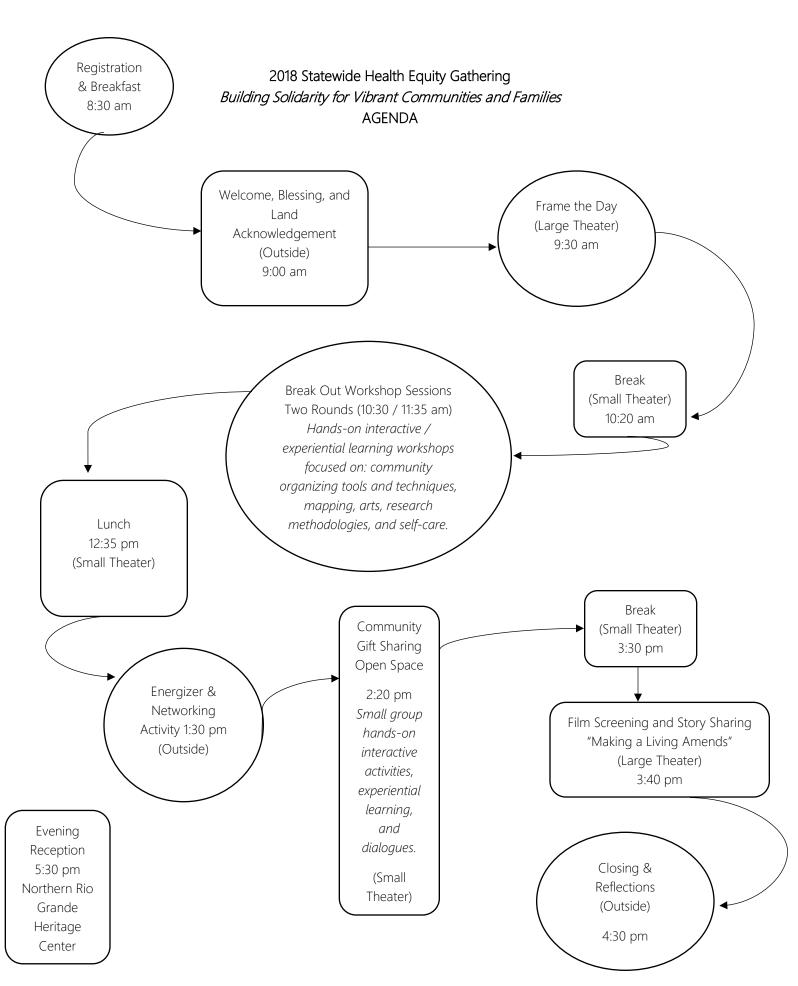
#### Gathering Objectives:

- Build relations across New Mexico's diverse communities and sustain a network to advance health equity and social justice.
- Facilitate change, through peer sharing of community knowledge, organizing tools and techniques, and best and promising practices used to build community power.
- Create a space for participants to feel connected, inspired, empowered, engaged, excited, and informed.

**Focus:** The gathering will focus on *process*. Participants will focus on sharing and learning HOW they do their work: in other words, what tools, techniques and processes do they use to deeply engage and organize with community members, strengthen leadership, and build community power. The tools and techniques shared will be rooted in community members' lived experiences. Tools and techniques may include:

- Art for health equity & social justice;
- Community organizing tools;
- Community and asset mapping tools; and
- Research methodologies.

These tools and techniques will be shared via hands-on activities, experiential learning, and small group dialogues.



Thanks to Healthy Native Communities Partnership for teaching us how to create a bubble agenda.

# Workshop Descriptions Morning

	10:30 – 11:30 AM Round 1
Room	Workshop Title and Description
Large theater on stage	Tools for Tending to the Self – New Mexico Women.org (Carli Romero)  This workshop on self-care will explore methods for tending to our nervous system, staying connected to our hearts, and accessing nourishment from the environments we work in as grassroots and community workers.  Exploring Health with the Wellness Wheel - Con Alma Health Foundation (Dennis McCutcheon
theater	and Gina Montoya)  Utilizing circles of health to work with community and focus on strengths. The wellness wheel helps us to see how we are interconnected and interdependent. Envisioning what matters to us within the wheel can inform and inspire balance. Join us to discuss, explore, and envision circles of health in New Mexico.
Classroom 101	Fun with Data Collection? Art, Youth, and More – Together for Brothers (T4B)  We know what you are asking, "you can have fun with data collection?" Youth leaders from T4B will review how we used art making, community-based activities and events as well as other tools to engage youth in data collection for a health impact assessment (HIA).
Classroom 102	Balance and Relationality: Community Mapping in People of Color Communities – Coalition to End Violence Against Native Women (Keioshiah Peter)  The community mapping session centers on collectively creating an action plan to address community health through a land-based perspective by centering the discourse on the importance of balance and relationality. Attention will be given to the signs and barriers to healthy relationships as it relates to the overall community wellness. We invite all to come together to participate in this Indigenous-focused direction model for community mapping.
Classroom 105	Mother Promotoras Organizing Through Our Values - Juntos: Our Air, Our Water - (Program Coordinator, Estefany González Mendoza, Mother Organizer, Martha Favela and Mother Promotora, Ana Rios)  Environmental Justice work has been led by communities of color since its beginning with the Jemez Principles at its core. Mothers around Albuquerque have mobilized to speak up about issues their families and communities have faced through interactive forms of organizing mothers, youth, and children. Join us to learn how to engage multi-generational community members in a creative way to organize based on our values for a common cause.
Classroom 201	Building Partnerships for Health Equity Research: An Approach and Training Tools for Decolonized Research with Chicano/a/Latino/a Communities-Transdisciplinary Research, Equity and Engagement Center for Advancing Behavioral Health NIMHD Grant # U54 MD004811-06 / Northern New Mexico College, Community of Practice for Dissemination— (Magdalena Avila, DrPh, Lisa Cacari Stone, PhD, Ana X Gutiérrez Sisneros, PhD and Lorenda Belone, PhD)  This workshop will use dialogue or "platicas" as a learning method for "shifting" our thinking about doing community research using a "with" and "by" approach rather than on/in.  Community based and participatory action research (CBPR and PAR) support collaborative, equitable partnerships in all phases of research. This requires co-learning and capacity building from all partners who share all research findings and knowledge. Participants will be introduced to the "history" of research ethics with Chicano/a) and Latino/a) communities and

	to several tools and processes they can use to design their evaluations and other research that advance health equity through more equitable power dynamics and outcomes.		
11:35-12:35 /	11:35-12:35 AM Round 2		
Location	Workshop Title and Description		
Large theater on stage	Engaging Immigrant and Refugee Populations through Art as an Organizing Strategy – Global 505 (Kay Bounkeua and Estefany González Mendoza)		
	To respect the multi-generational composition of immigrant and refugee families, as well as to recognize and respect the number of languages, education level, and readiness level for our communities to engage in data collection, organizing, and mobilizing work, we will explore art as a method to increase cultural access. Through these approaches, we simultaneously model equitable methods of community engagement that can be replicated in city, state, and educational spaces for more inclusive and thoughtful movement building.		
Classroom 101	Mapping Public Spaces to Improve Safety and Build Community – Dona Ana Communities United (Kari Bachman, Enrique Solís, Patricia Gonzalez, Michael Seamster)		
	Mapping can help residents understand their area's needs and assets and present them to decision makers. We will engage in hands-on mapping activities you can take back to your community, as well as share varied examples from our work.		
Classroom 102	Decolonizing Equity: Dine Centered Research and Evaluation Methodologies to Create Comprehensive, Holistic, Community-led/Earth-based Approaches to Establishing Equity for all Life - San Juan Collaborative for Health Equity – Dine Centered Research and Evaluation Team – (Janene Yazzie, Dr. David Tsosie, Chili Yazzie, Daniel Tso, and Hazel James)		
	Understanding the root causes of injustice and inequality requires everyone to confront the legacy of colonization and to recognize and deconstruct internalized biases and assumptions that uphold white supremacy, patriarchy, and corporate-capitalist values responsible for destroying our communities and our ability to survive on this planet. The Earth will go on with or without us, but we cannot survive, nor achieve our goals of equity and justice, without restoring balance in our world. The SJCHE-DCRE team will share the methodologies and tools necessary to honor our interconnection with all Life, and the pathways forward to develop holistic, earth-based and community-led solutions necessary to serve as the foundation for the paradigm shift that we need.		
Classroom 105	A New Toolbox: How Low Wage Workers Organize to Build Power in New Mexico - Somos Un Pueblo Unido, a grassroots, economic, and racial justice organization in New Mexico – (Elsa Lopez and Marcela Diaz)		
	From using public pressure when workers file complaints, a worker-driven lawsuit against New Mexico's Department of Labor and utilizing community-based research to creative a new narrative in a rural community, low wage workers are building power one campaign at a time.		
201	Building Local Voices: The Truth-Telling Project: Indigenous Voices (McKinley Collaborative for Health Equity and McKinley Community Health Alliance – Anna Rondon & Chris Hudson)		
	This session will preview the website and video clips of Indigenous peoples from occupied "Gallup, New Mexico, also known as "Indian Country". Further you will learn about how the Truth Workers Theater Group mixes hip-hop, theater, music, song, dance, and special effects and are sending a powerful message (from the Equity Summit).		

### Afternoon

## 3:40 pm – 4:25pm

Location	Sessions Title and Description
Large theater	Film Screening & Story Sharing: <i>Making a Living Amends</i> – San Miguel County Health Impact Assessment Team (Frances Lucero and Pat Leahan)
	The film is about France Lucero's and Victoria Baca's experience, strength and hope in the grips of addiction, domestic violence, & incarceration.