



## Health Impact Assessment Process

### **Listening:**

- Listen to the community to identify a proposed policy or systems change to focus on.
- How does the community think the proposed policy or systems change is connected to health and wellness? What research questions do we want to explore? (body mapping can be used for both of these)

### **Dialogue:**

- Hunt and gather information and evidence that helps us to deepen understanding. This might include listening to community stories, dialogues to share narratives verbally or via art, a photo voice project, surveys, etc.
- Analysis and synthesis of the information collected.
- Dialogue with the community, based on the information, to develop recommendations.

### **Action**

- Compile the information via a written document, film, brochure, visuals, infographics, etc. to move people to action.
- Share and disseminate the information and recommendations to educate decision makers and the community.

### **Reflection**

- Reflect to observe and monitor the changes made.
- Reflect to learn and grow from the process.