A good way to remember the elements that make up good harvesting is to remember the word PLUME. It stands for:

- **P**aricipatory: If the process is participatory, the harvest should be too. That means participants collect, work with and make sense of what they are doing together.
- **L**earning: The harvesting should serve the learning, especially in complexity, where what we learn can show what is possible.
- **U**seful: Depending on the context, useful in the moment, after the meeting and in the form that is helpful.
- **M**ulti-modal: Take advantage of all the tools — drawing, video, social media, etc.
- **E**mergent: We plan for the harvest we’d like, but also leave space for the harvest that emerges. Be careful not to control, or make sense on behalf of the group.
We think about harvesting on multiple levels:
• Individual: Harvesting happens on an individual level — my notes, my learning.
• Collective: It also happens on a collective level, between people and in the group as a learning field.
• Tangible: All the things we can see — charts, post it notes, visuals.
• Intangible: All that we can’t see — connections between people, changes in attitude, building capacity.

What do I need to remember?

Refer back to your Art of Hosting workbook for full details on methods. Keep practicing!

What is Harvesting?
The word “Harvesting” takes us back to being part of nature. We harvest the fruits from plants, we gather mushrooms, we hunt for nourishment. This metaphor helps us to think broadly and specifically about how people can collect and make sense of the fruit of their labour together.

The Elements of Harvesting
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1. Make a double-sided photocopy of the PDF.

2. Use a pair of scissors to carefully slit open the paper along the black line running down the centre.

3. Fold the paper carefully in half lengthwise and crease it. Then fold it in half again, so you can see two of the parts. And in half again, so you can just see the title page. You have now made all the creases.

4. Holding it lengthwise with the slit facing up — and your hands at each end with your thumb and forefinger pressing together — push the sides towards the middle, causing the two sides to bend outwards like a tunnel and form a cross. Now you can crease them and you’ll see the front and back page and crease it into a little book.

5. If you want to view the opposite side, just fold it over the other way and crease the paper in that direction.

6. Now you have a Zine with two sides to learn from. Have fun!